



AASMA Breast & Body Symposium at MEIDAM Congress

September 23, 2023 | Dubai World Trade Centre

Sheikh Rashid - Hall E

The Arab Association of Surgical and Medical Aesthetics (AASMA) invites researchers, clinicians, and professionals in plastic surgery to submit abstracts for the Breast and Body Symposium at the MEIDAM Congress. This is a unique opportunity to share your expertise, engage, network, and contribute to the field of surgical and medical aesthetics.



Dr. Jamal Jomah
President of AASMA



Dr. Zuhair Alfardan
Vice President of MEIDAM



AASMA Breast & Body Symposium at MEIDAM Congress

September 23, 2023 | Dubai World Trade Centre

KEY AREAS OF INTEREST

- Breast augmentation and reduction
- Mastopexy (breast lift)
- Breast reconstruction after mastectomy
- Liposuction and body contouring
- Abdominoplasty (tummy tuck)
- Body contouring after weight loss
- Augmentation gluteoplasty (Brazilian butt lift)
- Minimally invasive body contouring
- Patient safety and post-operative care
- Advances in implant technology



SATURDAY SEPTEMBER 23, 2023

08:30 - 08:50

Registration

08:50 - 09:00

Opening Remarks

09:00 - 11:00

SESSION I: BREAST

Moderators: 🇸🇩 **Amani Landoulsi, MD** - 🇸🇩 **A. Shaheed Fadhul, MD** - 🇰🇷 **Hyungjoo Noh, MD**

09:00 - 09:10

The Breast Ptosis: it's all About Proportions Not Measurements | 🇸🇩 **Bouraoui Kotti, MD**

09:10 - 09:20

New Technique for Breast Reduction or Mastopexy Modified Roberio Technique | 🇸🇩 **Bander Alaithan, MD**

09:20 - 09:30

Twenty Five Years Experience with Vertical Scar Mammoplasty | 🇸🇩 **Maamoun Ismail, MD**

09:30 - 09:40

Challenges in Mastopexy-an Overview | 🇮🇳 **Manoj Khanna, MD**

09:40 - 09:50

Options & Outcomes in Breast Reconstruction | 🇸🇩 **Abizer Kapadia, MD**

09:50 - 10:00

 Q&A

10:00 - 10:10

Oncoplastic Volume Displacement Surgical Techniques for Early Primary Breast Cancer | 🇸🇩 **Ahmed Lamey, MD**

10:10 - 10:20












Circum-Areolar Mastopexy + Implant / Auto Augmentation | 🇮🇳 **Ashok Gupta, MD**

10:20 - 10:30

Non Malignant Breast Problems | 🇸🇩 **Osama Murtada Ahmed, MD**













SATURDAY SEPTEMBER 23, 2023

10:30 - 10:40	Financial Toxicity Among Breast Cancer Reconstruction Patients in Jeddah, Saudi Arabia: A Cross-Sectional Study  Zainab Omar, MD
10:40 - 10:50	The Tuberos Breast from an Etiopathogenesis Theory to a Simplified Treatment  Bouraoui Kotti, MD
10:50 - 11:00	 Q&A
11:00 - 11:20	 Coffee Break
11:20 - 12:50	SESSION II: BREAST Moderators:  Manoj Khanna, MD -  Hamed Janom, MD
11:20 - 11:30	Periareolar Breast Augmentation - Advantages & Pitfalls  Manoj Khanna, MD
11:30 - 11:40	Psychological Impact of Breast Surgery on the Women  Saleh Saad Kadhim, MD
11:40 - 11:50	The Role of Fat Grafting in Delayed Prosthetic Breast Reconstruction  Jasem Alshemeili, MD
11:50 - 12:00	LICAP: Local Perforator Flap for Oncoplastic Breast Volume Replacement  Chiara Stocco, MD
12:00 - 12:10	 Q&A
12:10 - 12:20	Liposuction Versus Periareolar Excision Approach for Gynecomastia Treatment  Hossein Abdali, MD



SATURDAY SEPTEMBER 23, 2023

12:20 - 12:30	The Use of the Inferior Pedicle in Mastopexy & Breast Reduction as an Efficient Technique for Autologous Augmentation & Maintenance of Upper Breast Pole Fullness  Michael Salivaras, MD
12:30 - 12:40	Predictors of Complications After Breast Reconstruction Surgery: A Systematic Review & Meta-analysis  Hussain Alobaidi, MD
12:40 - 12:50	Combining of Breast Augmentation & Breast Lift  Sevinj Heydarova, MD
12:50 - 13:00	 Q&A / Group Photo
13:00 - 13:45	 Lunch Break
13:45 - 14:30	Together Towards IAAM24 <i>(by invitation only)</i>
14:30 - 16:00	SESSION I: BODY Moderators:  Saba Al Marush, MD -  Bander Alaithan, MD
14:30 - 14:40	Our Approach in Body Sculpting  Akhmed Rakhimov, MD
14:40 - 14:50	Scarless Tummy Tuck (A Personal Technique)  Noureddine Gharib, MD
14:50 - 15:00	New Technique in Body Contouring Using 4 Devices & 5 Techniques  Bander Alaithan, MD



SATURDAY SEPTEMBER 23, 2023

15:10 - 15:20	Q&A
15:20 - 15:30	Objective Evaluation Scale of Risk Factors in Body Contouring Akhmed Rakhimov, MD
15:30 - 15:40	Minimally Invasive Body Shaping After Weight Loss Using Threads George Titovets, MD
15:40 - 15:50	Surgically Induced Pyoderma Gangrenosum Management A. Shaheed Fad hul, MD
15:50 - 16:00	Q&A
16:00 - 16:15	Coffee Break
16:15 - 18:05	SESSION II: BODY Moderators: Bouraoui Kotti, MD - Saed Alhabib, MD
16:15 - 16:25	Pneumothorax with Liposuction, Awareness of Rare Complication Abdulelah Alwadai, MD
16:25 - 16:35	Purely Laparoscopic Reconstruction in Genital Prolapse without Vaginal Intervention Rajesh Devassy, MD
16:35 - 16:45	Third Generation Ultrasound Assisted Liposuction: Advances in Safety & Techniques of Body Contouring Surgery Jai Kumar Pillai, MD
16:45 - 16:55	Do We Need Drains in our Primary Cosmetic Surgeries? Saed Alhabib, MD



SATURDAY SEPTEMBER 23, 2023

16:55 - 17:05	Q&A
17:05 - 17:15	Analysis of the Russian National Survey RSPRAS on Safety of Liposuction Akhmed Rakhimov, MD
17:15 - 17:25	Tips & Tricks for a Natural Definition Abdominoplasty Bouraoui Kotti, MD
17:25 - 17:35	Liposuction: Concepts, Safety, & Techniques in Body-Contouring Surgery Sevinj Heydarova, MD
17:35 - 17:45	Lateral Triangular Resection to Prevent Dog Ear & Elongation Scar in Abdominoplasty Hossein Abdali, MD
17:45 - 17:55	Effectiveness & Safety of Using Hyaluronic Acid Injections for Gluteal Augmentation: A Comprehensive Systematic Review of Techniques & Outcomes Hatan Mortada, MD
17:55 - 18:05	Q&A / Group Photo
18:05 - 18:15	Closing Remarks



LEBANON

4th Floor, Qubic Center
Daoud Ammoun Street
Horsh Tabet - Sin El Fil
P.O. Box: 90-361 Beirut
Tel: +961 1 510880/1/2/3
Mobile: +961 71 103123

UAE

DMCC Business Centre
Almas Tower
Jumeirah Lakes
Dubai, United Arab Emirates
Unit No: 3820
Mobile: +971 50 9110475

KUWAIT

Mezzanine floor,
Aliya Complex
Salem Al Mubarak St
Block 2, Salmiya - Kuwait
Tel: +965 6556 7669

